



Safety Mashup: General Safety Tips for Warehouse Workers

- When opening boxes, cut away from your body.
- Do a workstation check before you start working to check for broken equipment, missing tools, and trip hazards.
- Dispose of trash immediately to eliminate trip hazards in your workstation.
- Always wear gloves when performing tasks with your hands.
- Never lean or sit on conveyor belts whether they are moving or not.
- Always keep your hair above your shoulders.
- Remove all pallets and debris fragments before stowing product/supplies in a new location.
- Hang up your fall protection harness at the end of each shift.
- Stop at the end of every aisle and look both ways before exiting into the main powered industrial truck equipment (PIT) lane.
- Do not eat or drink while operating PIT equipment.
- Maintain five points of contact while operating PIT equipment.
- If a piece of equipment suddenly stops working, do not try to repair it unless you are trained to do so and have turned the power source off.
- When lifting a heavy object, lift it with your legs instead of your back.
- Pick up pieces of broken pallets and dispose of them in a designated receptacle.
- Use a visibility light while stacking a trailer.
- Put heavy items on the bottom of a stack and lighter items on the top.
- Wear safety shoes to prevent foot injuries caused by heavy objects.
- Before stepping onto the warehouse floor, make sure you have a high visibility vest on.
- Walk only on designated pedestrian pathways. Don't walk between aisles or in PIT lanes unless you can block off the area with traffic cones.

- Secure all boxes with enough tape—making sure to distribute the weight of the contents evenly.
- Always use a step ladder when reaching for items above eye level.
- Keep all body parts, including hair and nails, out of conveyor rollers.
- Request a team lift when you can't safely lift an item on your own.
- If you come across an unidentified substance, follow your workplace's safety rules, notifying those necessary, and making sure no one touches it.
- Don't wear loose clothing in the warehouse, as it can get stuck in machinery.
- Use "heavy" labels when appropriate so that workers downstream can safely lift the item.
- Keep your eyes on your walking or driving path at all times.



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